

**SCHOOL OF ALLIED HEALTH SCIENCES  
DEPARTMENT OF KINESIOLOGY & NUTRITION SCIENCES  
UNLV**

**SPORTS NUTRITION CONCENTRATION**

**4505 Maryland Parkway, Box 453026**

**Las Vegas, NV 89154-3026**

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**Campus Location: BHS 319**

**Effective Fall 2009**

## **I. ADMISSIONS POLICY**

- To be admitted to the nutrition major, a student must complete all the following admission requirements:
  - A cumulative high school GPA of 3.00 or higher, or
  - A minimum of 24 semester credits in the core and foundation courses with a cumulative minimum grade point average of 2.75.
  - Completion of an advising interview with the School of Allied Health Sciences (SAHS) Advising Center.
- Transfer Credits
  - Transfer students may be granted credits for equivalent course work. Students must meet a minimum GPA of 2.75 to transfer into the major. Up to 64 credits may be transferred from an accredited institution. Course work is evaluated based on curriculum content, not credit equivalency. Transfer students must complete a minimum of 38 credits in upper-division courses for graduation. See a SAHS advisor for details.
- English, Mathematics and Chemistry courses require placement examinations to determine course sequencing. SAT, ACT or department exams may apply- see catalog for details.

## **II. PROGRAM POLICIES**

- Academic Policies
  - Upon admission to the major, students must maintain a minimum cumulative GPA of 2.50 each semester and have no grades less than a C in all NUTR courses.
  - Transfer courses will be evaluated based on course content not course title or description. Specific CADE foundation knowledge requirements and learning outcomes must be equivalent in order to meet accreditation standards of education.
- Graduation Requirements
  - A minimum of 124 credit hours is required for graduation with 62 credits earned at a four-year institution.
  - Upon admission to the major, students must maintain a minimum cumulative GPA of 2.50 each semester and have no grades less than a C in all nutrition science courses. Students who fail to maintain a GPA of 2.50 will be placed on academic probation and will be required to receive academic advising. Here the student will meet with an academic advisor and decide if they want to improve their GPA and re-apply for the Nutrition Sciences major or choose another major with different GPA expectations.
  - A 2.75 GPA and no grades less than a C in all NUTR and FAB courses is required in order to fulfill Didactic Program in Dietetics (DPD) requirements.
  - Completion of the DPD does not guarantee placement in a Commission of Accreditation for Dietetics Education (CADE)-approved dietetic internship.
  - Upon meeting the above requirements, students will receive a Verification Statement from the DPD Director. A copy will also be placed in the student's permanent file.

- Advising
  - Students should meet with an academic advisor in the SAHS advising center each semester in order to plan coursework for the completion of the degree. While the academic advisors are there to guide the student, it is the student's responsibility to ensure that all requirements for graduation are satisfied.

### III. PROGRAMS AND CONCENTRATIONS

- B.S. in Nutrition Sciences
  - Students meeting the requirements established by the department will receive a B.S. in Nutrition Sciences.
  - In order to become a Registered Dietitian (R.D.) students must:
    - Complete the DPD requirements outlined below.
    - Apply for, become accepted into, and complete a Commission of Accreditation for Dietetics Education approved dietetic internship.
    - Pass the national Registration Examination for Dietitians.
- Didactic Program in Dietetics (DPD)
  - The DPD was granted Initial Accreditation by the Commission of Accreditation for Dietetics Education (CADE) of the American Dietetic Association in 2005. The contact information for CADE is listed here. Address: 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995; Phone: (312) 899-0040, extension 5400; E-mail: [education@eatright.org](mailto:education@eatright.org); Web Site: <http://www.eatright.org/cade>.
- Concentrations
  - Comprehensive: This general program allows students to meet all DPD requirements. This concentration allows students to choose Nutrition Sciences elective courses.
  - Sports Nutrition: This concentration allows students to take specialized courses in sports nutrition and exercise physiology. There are no elective choices within this concentration. Students in this concentration will meet DPD requirements.
  - Nutrition & Dietetics Management: This concentration allows students to take specialized courses in food and beverage management. Students in this concentration will meet DPD requirements.
  - Pre-professional: this concentration provides a well-rounded science background for those students interested in applying for graduate or professional schools. Students completing this concentration DO NOT meet the DPD requirements. Additional courses can be taken before or after degree confirmation to meet DPD requirements.

## UNIVERSITY CORE REQUIREMENTS (34-39 CREDITS)

See the UNLV General Education Core Worksheet or Undergraduate Catalog for more detail.

Category	Course Options	Credits
English Composition	ENG 101 and ENG 102	6
English Literature	ENG 231 or ENG 232	3
Mathematics	MATH 127 or MATH 128 or higher	3
US/NV Constitution	Both: HIST 100 or PSC 101 US Only: HIST 101 NV Only: HIST 102, 217, or PSC 100	4-6
Multicultural	May simultaneously fulfill a Fine Arts, Humanities, or Social Science requirement <a href="http://www.unlv.edu/committees/gec/Multicultural.html">www.unlv.edu/committees/gec/Multicultural.html</a>	3
International	NUTR 301 satisfies this requirement	3
Humanities	See UNLV General Education Core Worksheet	6
Fine Arts	See UNLV General Education Core Worksheet	3
Social Science	See UNLV General Education Core Worksheet	9

NOTE: Credits from NUTR 301 are counted under required NUTR & FAB courses.

## IV. REQUIRED FOUNDATION COURSES (31 CREDITS)

Course Number	Course Title	Credits
KIN 300	Statistics for the Health Sciences	3
BIOL 189/L	Fundamentals of Life Science	4
BIOL 251/L	General Microbiology Pre-req: BIOL 189/L, CHEM 121/L	4
BIOL 223/L	Human Anatomy and Physiology I Pre-req: BIOL 189/L	4
BIOL 224/L	Human Anatomy and Physiology II Pre-req: BIOL 189/L, BIOL 223/L	4
CHEM 121/L	General Chemistry I Pre-req: CHEM 103 with a grade of C or better or placement test Corequisite: MATH 127 or MATH 128 or higher	4
CHEM 122/L	General Chemistry II Pre-req: CHEM 121/L, MATH 127 or MATH 128 or higher	4
CHEM 241/L	Organic Chemistry I Pre-req: CHEM 122/L	4

Check the home department for pre-requisite changes

## V. REQUIRED NUTR AND FAB COURSES (48 CREDITS)

Course Number	Course Title	Credits
FAB 101	Food Service Sanitation I	1
FAB 159	Food Service Operations Fundamentals Pre-req: FAB 101	3
FAB 160	Hospitality Purchasing Pre-req: FAB 159	3
FAB 361	Principles of Food Science Pre-req: FAB 101, FAB 159, CHEM 241/L, NUTR 121 or NUTR 223	3
NUTR 223	Principles of Nutrition	3
NUTR 201	Orientation to Nutrition and Dietetics Pre-req or Co-req: NUTR 223	1
NUTR 301	Nutrition, Health, and Ethnic Issues Pre-req: ENG 101	3
NUTR 311/L*	Nutrition Assessment Pre-req: NUTR 223, 201, 370, & MATH 127 or higher Co-Req: NUTR 311L	4
NUTR 370*	Nutrition in the Lifecycle Pre-req: NUTR 223	3
NUTR 426**	Medical Nutrition Therapy I Pre-req: NUTR 311/L, BIOL 224/L	3
NUTR 427** <input checked="" type="checkbox"/>	Medical Nutrition Therapy II Pre-req: NUTR 426; Co-req: NUTR 431; NUTR 450	3
NUTR 429**	Dietetics, Business, and Management Principles I Pre-req: FAB 361, & NUTR 311/L	3
NUTR 431** <input checked="" type="checkbox"/>	Seminar in Nutrition Pre-req: Senior Standing in Nutrition, NUTR 426 Co-req: NUTR 427, NUTR 450	3
NUTR 450** <input checked="" type="checkbox"/>	Advanced Nutrition: Theory & Application Pre-req: BIOL 224/L, CHEM 241/L, 311/L preferred Co-req: NUTR 427, NUTR 431	3
NUTR 451**	Nutrition and Metabolism I Pre-req: NUTR 370, BIOL 224/L, CHEM 241/L	3
NUTR 452**	Nutrition and Metabolism II Pre-req: NUTR 451	3
NUTR 470**	Community Nutrition Pre-req: NUTR 201, NUTR 370	3

\* Taken Junior Year

\*\*Taken senior year

Courses MUST be taken together

**VI. SPECIALTY COURSES (13)**

<b>Course Number</b>	<b>Course Title</b>	<b>Credits</b>
NUTR 405	Advanced Sports Nutrition Pre-req: NUTR 311/L	3
NUTR 407	Complementary and Integrative MNT Pre-req: NUTR 311/L	3
KIN 440	Human Physiology Pre-req: BIOL 189/L	3
KIN 491/L	Exercise Physiology Pre-req: MATH 127 or higher, BIOL 224/L	4

**Total Credits Required for the Degree: 126**

**NUTRITION SCIENCES**  
**SUGGESTED COURSE OF STUDY**  
**SPORTS NUTRITION CONCENTRATION**

<b>Freshman (Year 1)- Fall Term</b>		<b>Freshman (Year 1)- Spring Term</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
NUTR 223	3	FAB 159	3
NUTR 201	1	Humanities	3
BIOL 189/L	4	ENG 102	3
FAB 101	1	MATH 127	3
ENG 101	3	US/NV Constitution	4
Fine Arts	3		
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>16</b>

<b>Sophomore (Year 2)- Fall Term</b>		<b>Sophomore (Year 2)- Spring Term</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
Social Science	3	CHEM 122/L	4
CHEM 121/L	4	FAB 160	3
Humanities	3	Social Science	3
ENG 231 OR 232	3	BIOL 224/L	4
BIOL 223/L	4	NUTR 301	3
<b>TOTAL</b>	<b>17</b>	<b>TOTAL</b>	<b>17</b>

<b>Junior (Year 3)- Fall Term</b>		<b>Junior (Year 3)- Spring Term</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
FAB 361	3	NUTR 311/L	4
NUTR 370	3	KIN 440	3
Social Science	3	BIOL 251/L	4
CHEM 241/L	4	NUTR 407	3
KIN 300	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>14</b>

<b>Senior (Year 4)- Fall Term</b>		<b>Senior (Year 4)- Spring Term</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
NUTR 470	3	NUTR 452	3
NUTR 451	3	NUTR 427	3
NUTR 426	3	NUTR 431	3
NUTR 429	3	NUTR 450	3
NUTR 405	3	KIN 491/L	4
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>16</b>

NOTE: An additional course may be necessary if you do not fulfill the multicultural requirement simultaneously with another course.